

GAZPACHO

Gazpacho

Gazpacho is a classic dish in Spanish cuisine, and it originated in the southern region of Andalusia. It is a cold soup made of raw, blended vegetables, bread and vinegar, and it's perfect during hot summers as it is very refreshing and cool.

Ready in: 15 minutes

Servings: 6

Ingredients

1 kilo ripe roma tomatoes

1 small cucumber, peeled and seeded

1 medium green bell pepper, cored

½ small red onion, peeled

2 garlic cloves, peeled

3 tbsp. olive oil

2 tbsp. sherry vinegar

1 tsp. salt

1 tsp. dried oregano

½ tsp. freshly-cracked black pepper

½ tsp. ground cumin

1 thick slice of white bread without crust

- 1. Core your tomatoes. Simply cut them in half, scoop out and discard the seeds and any tough white core.
- 2. Combine all ingredients together in a blender or food processor.
- 3. Puree for 1 minute, or until the soup reaches your desired consistency. Taste and season with extra salt and pepper if needed.
- 4. Refrigerate in a sealed container for 4 hours, or until completely chilled.
- 5. Serve cold, topped with a little olive oil and cubes of toasted bread.

Enjoy!